

Optus Small-Sided Football



“Optus Small-Sided Football is about learning, self-experiencing, having a lot of touches on the ball and above all, children having fun every time they step on the pitch”.

“The future of your son, daughter or pupil, as a player for fun or as a future Qantas Socceroo or Westfield Matilda, must begin with Optus Small-Sided Football”.

As always, Member Federations, associations, clubs, coaches, officials and parents will play a key role in revolutionising and creating the right playing environment for our young players.

Robert Baan

National Technical Director, Football Federation Australia



Benefits of Optus Small-Sided Football;

- more touches of the ball
- more shots on goal
- repeated decision-making experience
- the ball is in play far more often
- the emphasis is on player development rather than winning or losing
- more 1 v 1 attacking situations
- the game is easier to understand
- freedom of expression – no positions in early stages
- less perceived stress on the players
- less perceived pressure from coaches and parents
- parents more likely to volunteer for Optus Small-Sided Football game leader roles
- children enjoy the progressive and sequential game formats.



Creating the right environment for players;

Clubs, coaches, team supervisors and parents play the most important role in creating the right environment for Optus Small-Sided Football. The emphasis of Optus Small-Sided Football is on participation and enjoyment and an associated removal of the current emphasis on the importance of winning. Children are much more likely to enjoy their football playing experience, will be keen to play more often and are less likely to drop out of the game.



For more information and resources on Optus Small-Sided Football go to your Member Federation website or www.footballaustralia.com.au



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